

# LiYana Silver

Relationship Expert & Coach



## Speaker Biography:

**LiYana Silver,** CHC, RYT, MaNLP, is known for her bold, fresh guidance for women and their partners, who want to step out of painful patterns and relationship ruts and into partnerships that are strong, sexy, sane and built to withstand the pressures of the 21<sup>st</sup> Century.

Bringing over 10 years of expertise, LiYana makes the complex actionable, restoring hope, joy, respect and delight into relationships.

LiYana maintains a private practice as a Relationship Counselor, speaks nationally, lectures in corporations and colleges, has appeared on dozens of radio and TV shows, writes for various blogs and magazines, and maintains her website, [www.love3point0.com](http://www.love3point0.com).

## Recovering You Radiance

The Three Simple Secrets to Your Happiness, Sexiness, & Confidence -Beyond Cosmo

When your confidence is trashed, your joy plays hide and seek and you're fed up with the formulaic ...

Join LiYana Silver, Relationship Expert & Coach and discover:

- **The secrets to your unshakable confidence** and irresistible radiance (no matter your size, what you are wearing or whether it's a bad or good hair day!)
- **How to get comfortable in your own skin** and live juicy, sassy and lit-up in your demanding modern world.
- **The main ways you kill attraction** that you likely are not even aware of.
- **Uncover the source of your feminine power** and learn to wield it! (hint: you own it already)
- **The surprising truth about what men really want** from women (nope, it's not just to get in your drawers!)
- **The formula for untangling painful patterns** and creating lasting change
- **A simple practice to make your sensual life soar!**

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**Website: [www.Love3Point0.com](http://www.Love3Point0.com)**

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## Testimonials :

***"I finally understand what's been going on with all of my 'failed relationships.' Now that I'm a newly divorced mom of a toddler and thinking about relationships again someday, I've got the tools to be the woman I want to be for my son, my family, my business and someday for a lover. I'm so glad I got clear on this before embarking on another relationship that could have been doomed before it even began."***

~ Megan Franzen, Mom & Health Counselor, New York

***"I wish that every guy I've ever dated could have access to this information. No – I wish that every guy in the world could have access to this information, as I can only imagine how much more fulfilling, fun, and fabulous our relationships and world would be."***

~ Jessica Grippo, Holistic Health Counselor, New York

***"LiYana provides a calm and welcoming space in which to explore the vast and often daunting world of healthy communication in intimate relationships. The insights I gained while working with LiYana continue to affect my life and my relationship five years later."***

~ Megan Brunsvold, Dance and Pilates Instructor, New York

***"I am continually amazed by LiYana's ability to listen – really listen – and provide spontaneous relevant insight. People keep asking me why I'm so shiny and smiley."***

~ Laura V., Student, New York

***"LiYana helped shed light on dark corners and merry go rounds that all my years of therapy didn't enlighten or allow me to get off the endless circling. And a few weeks ago, my man asked if he could marry me... I would NEVER be here, celebrating this wonderful partnership with a very special man, without having been in the workshop with LiYana!"***

~ Elizabeth D'Agostino, Nonprofit Consultant, New York City

***"LiYana is a consummate professional paired with the soulful depth of a sage."***

~ Shannon McCarthy, Artist, Connecticut

## Client List:

- NASDAQ, New York City
- The Institute for Integrative Nutrition, New York City
- The Juilliard School, New York City
- St. John's College, New York City
- The School of Visual Arts, New York City
- The Atlantic Theatre Company, New York City
- Marymount Manhattan College, New York City
- Baruch College, New York City
- Laughing Sage Wellness Center, New York City
- The Golden Gate School of Feng Shui, San Francisco
- Barefoot Yoga Teacher Training, San Francisco
- Clearpoint Retreat Center, Connecticut
- Montezuma Yoga Retreat Center, Costa Rica

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