

LiYana Silver

Relationship Expert & Coach



Speaker Biography:

LiYana Silver, CHC, RYT, MaNLP, is known for her bold, fresh guidance for women and their partners, who want to step out of painful patterns and relationship ruts and into partnerships that are strong, sexy, sane and built to withstand the pressures of the 21st Century.

Bringing over 10 years of expertise, LiYana makes the complex actionable, restoring hope, joy, respect and delight into relationships.

LiYana maintains a private practice as a Relationship Counselor, speaks nationally, lectures in corporations and colleges, has appeared on dozens of radio and TV shows, writes for various blogs and magazines, and maintains her website, www.love3point0.com.

Recovering You Radiance

The Three Simple Secrets to Your Happiness, Sexiness, & Confidence -Beyond Cosmo

When your confidence is trashed, your joy plays hide and seek and you're fed up with the formulaic ...

Sample Questions to Ask LiYana :

- **What is the secret ingredient** that has relationships flourish (but without which they are doomed)?
- **Why is pleasure the most effective means** to your sanity and satisfaction?
- **Why is getting your own needs met** the essential first step in having relationships work?
- **What are the top hidden things that cause conflict**, and how can we easily and swiftly defuse them?
- **How can we be in control** without being tight and brittle?
- **What are the five key communication points** to use to get what you want without nagging, manipulating, shaming or blaming (really!)?
- **How can we get ourselves back on track** when you fall off into a self-pity pit?

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